



Managing your medicines on discharge from hospital

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Patient Information Leaflet Managing your Medicines on Discharge from Hospital

Being informed about the medicines you take is essential to maintaining your health. Keep an up-to-date list of your medicines and bring this to any healthcare appointment you might have.

Here are three tips for managing your medicines on discharge from hospital:

1	<p>Identify any changes to your medicines</p> <p>Before you leave the hospital ask your doctor, pharmacist or nurse if any medicines have been added, changed or stopped. Make sure you know:</p> <ul style="list-style-type: none"> • What is the drug name or brand of the medicine? • What is the medicine used for? • How do I take the medicine and for how long? • What time of day do I take the medicine? • Are there any side effects I need to know? • Does the medicine interact with any other medicine I take, including medicines and vitamins I might buy over the counter? • Is there any food or drink to avoid while taking my medicine? • Where will I store my medicine? 	
2	<p>Medication is not supplied by the hospital for you to take home</p> <ul style="list-style-type: none"> • Take your prescription directly to your community pharmacy on the day you leave hospital and obtain a supply of your medicines. • Medical card holders should take their prescription to their GP (General Practitioner) as soon as possible. The GP will transfer the prescription on to a medical card prescription. This prescription can then be given to your community pharmacist. Sometimes your pharmacy will give you an emergency supply of your medicines from the hospital prescription until they have received the medical card prescription from your GP. 	
3	<p>Know where to find information</p> <ul style="list-style-type: none"> • Your local community pharmacist or GP • The Health Products Regulatory Authority website: www.hpra.ie 	

There is a helpful video on **Managing Your Medicines on Discharge from Hospital** available on www.mater.ie (Direct Link: <https://vimeo.com/375912976>). Please watch this video to further inform you on managing your medicines on discharge from hospital.

Before you take it...



KNOW

**your medicines
and keep a list**

CHECK

**that you are using
the right medicine
the right way**

ASK

**your healthcare
professional
if you're unsure**

www.safermeds.ie



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